

The Importance of Goals is to maintain focus and face the direction you want to go in your life.

Please list five goals you would like to work on while in the C.A.R.E. Program.

1. _____

2. _____

3. _____

4. _____

5. _____

Please list any obstacles you may have in achieving these goals:

Develop a plan on how you will overcome these obstacles:

Signed by _____

Date _____

C.A.R.E. Program Coordinator _____

****Please provide copy of goals to participant upon completion****